



SEPTEMBER CHECK IN: SMALL HABITS, BIG IMPACT

Dear MCC Community,

By now, your student has had a few weeks to get settled—and September is all about finding a steady rhythm. This is often when small struggles begin to surface, but it's also a powerful time to build habits that lead to long-term success.

Your encouragement, perspective, and timely check-ins can make all the difference. A thoughtful question or supportive nudge from you can help your Highlander face early challenges with confidence and resilience.

Thank you for walking alongside your student during this important season of growth. The way they respond now can shape their momentum for the rest of the semester—and your steady presence plays a vital role in that journey.

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FIRST EXAMS & TUTORING RESOURCES

Encourage your student to plan ahead for their first exams and take advantage of free tutoring early—before they feel behind. MCC has an online platform where students can connect with tutors in person or online.

TRY ASKING

- “What are you noticing so far about which classes feel more challenging?”
- “Have you thought about stopping by the tutoring center in the Learning Technology Center—even just once—to see what it's like?”

LINKS

- [MCC Tutoring](#)
- [Upswing](#)_(Online Tutoring)

COACHING WITH CARE

As always, we include prompts you can use to help your student reflect and take ownership. These gentle, open-ended questions work best when they come from a place of curiosity, not pressure.

TIME MANAGEMENT & ATTENDANCE

This is a great month to help your student reflect on their weekly routine. Staying on top of attendance, managing work and class schedules, and carving out time to study are essential for long-term success. Success Coaching at MCC can help students who are struggling with time management.

TRY ASKING

- “What's helping you stay organized right now—and what's been harder to manage?”
- “How do you usually like to keep track of your time and deadlines?”

LINKS

- [Success Coaching Services](#)

CONNECT WITH SUPPORT SERVICES

MCC offers a full range of student support—academic advising, success coaching, mental health counseling, career services, and more. You might remind your student that asking for help is a sign of strength, not weakness.

TRY ASKING

- “If you ever felt stuck, who on campus would you feel most comfortable reaching out to?”
- “Have you had a chance to learn what support resources are available this semester?”

LINKS

- [Counseling](#)
- [Success Coaching Services](#)
- [Upswing](#)_(Online Tutoring)
- [Career Services](#)

IMPORTANT FALL DATES

- **September 1:** MCC closed for Labor Day
- **September 19:** MCC closing at noon for Faculty & Staff Convocation
- **October 17:** MCC closed for Fall Break
- **October 29:** Registration for Spring 2026 opens
- **November 26 - 30:** MCC closed for Thanksgiving Break
- **December 8 - 11:** Final exams
- **December 12 - January 4:** Winter break

